

University of Portsmouth Football Club

Welcome Pack
Season 2014-2015



www.upforsport.co.uk



<https://www.facebook.com/groups/UOPFC/>

Introduction

The University of Portsmouth Junior Football Club aims to offer boys and girls the opportunity to take part in regular and organised football competition. We aim to provide an environment which enables each and every player to learn and develop the skills of football, individually and collectively.

We believe that this can be best achieved in an environment that promotes fun and encourages skill development under the guidance of an adult with coaching capabilities. The Club place great emphasis on good sportsmanship, teamwork, respect of others and leadership on and off the field.

The Club Aims To:

- **Provide a safe and secure environment for young people to participate in competitive football.**
- **Provide young people with a fun, exciting and challenging experience of football**
- **Create an environment where all young people achieve and feel success in football.**
- **Promote fair play and positive sporting behaviour, while discouraging the "win at all costs" attitude. However, it is the intention and desire to win but only within the rules of football and by fair play.**
- **Establish a foundation of a lifetime of activity and involvement in football.**
- **Increase awareness amongst young people of educational and sporting opportunities available at university.**
- **Provide opportunities for those involved in the club to gain coaching qualifications and experience.**

Membership Fees

Membership fees for the 2014-15 season will include a Direct Debit option. We would like to encourage parents to take advantage of this. Payments will be over 8 months at £18/month. You are able to cancel at any point.

Alternative Payment Options

	Annual one off payment	Instalment one	Instalment 2
Due Date	31 st September 2013	31 st September 2013	31 st January 2014
Amount due	£130	£70	£70

Payments must be made via the Spinnaker Sports Centre Reception either in person or over the phone. To pay over the phone call **02392845504**

There is also the opportunity to purchase additional kit, parents are under no obligation to do so. All essential kit will be provided by the club. Available this season will be the following

What Do Fees Cover

- Hire of Pitches
- Hire of Training Facilities
- Playing Kit
- Training Equipment (Footballs/Bibs/Cones)
- Coaching Qualifications
- Referee Fees
- League Affiliation
- FA Affiliation
- CRB Checks
- Cup Entry Fee

As you can see there is a lot to pay for! It is therefore important for the clubs finances that you keep up to date with payments. We have tried to keep costs as low as possible and I think you will agree from the above that the club offers excellent value for money.

Training Sessions

All training sessions are lead by FA qualified coaches who are CRB checked. We also support student volunteers looking to gain experience in coaching, they will often assist at our matches and training sessions.

All training sessions are designed to develop individual ability, fitness as well as team tactics and organisation. Coaching priority is placed on the teaching of individual and team skills rather than winning a match. The Club believes that match results will benefit with successful coaching development.

If you require further information with regards to our coaches or coaching sessions please don't hesitate to contact us.

Training Code of Conduct

-  Players must **arrive on time** or inform team manager of lateness in advance. You will not be selected if you do not attend training without a genuine reason.
-  Players are expected to arrive prepared by wearing **appropriate training kit** and bringing refreshments.
-  Players should arrive at training with the **willingness to train hard**; don't waste the time and effort of the coaches by not putting in 100%.
-  **Respect** each other and the coaches.

Players should have the following items with them during training sessions

- **Shin Pads**
- Football Boots/ Trainers
- Drink
- Protective clothing in case of bad weather.
- Players must NOT wear jewellery.

Please inform your Manager/Coach of any medication being taken, illness or injury.

Competitive Football

2014-15 Season

For the coming season we will be competing in the following leagues

Age Group	League	Match days
U16 Boys	Mid Solent	Saturdays (AM)
U14 Boys	Mid Solent	Saturdays (AM)
U13 Boys	Mid Solent	Saturdays (AM)
U12 Boys	Mid Solent	Saturdays (AM)
U10 Boys	Mid Solent	Saturdays (AM)
U15 Girls	Winchester and District	Saturdays (AM)
U13 Girls	Winchester and District	Saturdays (AM)
U11 Girls	SouthamptonGirls League	Sunday's (AM)

**All fixtures and results can be followed at
www.full-time.thefa.com**

All 'Home' fixtures will be played at **University of Portsmouth, Langstone Campus Furze Lane Milton**. We aim to inform you of away fixture details as soon as we have them. The kick off time will be determined by our opponents.

Players will be required to arrive 30 minutes prior to kick off time for both home and away games.

It is not the clubs responsibility to provide transport for away matches.

Please note that fixtures are subject to change and in the event of any cancellations or rearrangements we aim to inform you as soon as we can.

Playing Kit

The University of Portsmouth will provide each of its members with playing kit. This must be worn on match days, please refrain from letting your child wear this at other times to reduce wear and tear as often we hand kits down to lower age sections.

Your kit will be your responsibility for the season. If you decide to leave the club your kit must be returned to your coach. Each player will need to provide their own shin pads and football boots.

Spectators & Parents Code of Conduct

As a club we encourage family and friends to support our teams on match days, to ensure this is a positive experience for all those involved we ask that all spectators adhere to the following.

- Encourage your child to play according to the **laws of the game**.
- Emphasise **respect for referees** by not publicly questioning the referee's honesty or decision-making.
- Condemn bad **behaviour** and bad **language**.
- Acknowledge the value and importance of volunteer coaches and referees.
- Applaud the opposition as well as your own team.
- Always give **positive encouragement towards all** of the players.
- Avoid coaching the child during the game.
- The emphasis of enjoyment and competing fairly should be encouraged

Respect 

Fair Play

The Club attempts to promote the highest standards of behaviour, fair play and sportsmanship. A "win at all costs" attitude is discouraged. The club prides itself on the behaviour of all its members. All players, spectators, parents and club officials are expected to represent the club in a positive manner and to ensure that the clubs name is in no way tarnished due to bad or unruly behaviour.

The University of Portsmouth Football Club adheres to Fair Play being:

- Players enjoying themselves.
- Ideals of **sportsmanship**, **self-discipline**, mutual **respect**, honesty and comradeship are encouraged.
- An atmosphere of **friendly co-operation** and competition exists.
- All players are actively involved.
- A minority of players are not permitted to dominate.
- A minimal risk of injury.
- Show an understanding of and **respect for the laws of the game**. Play within the laws of the game.
- Behave on and off the field in a sporting manner towards all others involved, be they players, officials or spectators - irrespective of the results.

The values and attitudes of the Fair Play policy will be indicative of the approach of the coaches and parents.

On doing so, **Fair Play** is....

- **Respect** - for the opposition, the officials and the rules of the game.
- **Staying cool** - No matter what happens
- **Dignity** - In winning or losing.
- **Keeping football fun** - That's why we do it.

Respect 

Players Code of Conduct

- ⚽ Give **maximum effort** and strive for the best possible performance during a game.
- ⚽ Make every effort to **develop** their own **sporting abilities**, in terms of skill technique, tactics and stamina.
- ⚽ **Set a positive example** for others, particularly young players and supporters.
- ⚽ Avoid all forms of gamesmanship, and time wasting.
- ⚽ Not use inappropriate language.
- ⚽ Make every effort consistent with **fair play** and the Laws of the Game to help her own team win.
- ⚽ Know and abide by the Laws, rules and spirit of the game, and the competition rules.
- ⚽ **Accept success and failure** victory and defeat equally.
- ⚽ Avoid violence and rough play, and help injured players.
- ⚽ Accept the decision of the match official without protest.
- ⚽ Treat opponents with due **respect** at all times.
- ⚽ Abide by the instructions of their coach and Team Officials.

Club Address

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Cambridge Road
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